



Schedule	Activity	Focus
6:00 AM - 7:00 AM	Arrival/Welcome Parents	Welcome child and parent/teacher interaction
7:00 AM - 8:00 AM	Breakfast/Morning Activities	Food for energy, greet friends for new day
8:00 AM - 8:30 AM	Interest Area Play	Enables child to build visual – perceptual skills
8:30 AM - 8:40 AM	Clean-up Time	Provides sense of responsibility and accountability
8:40 AM - 9:00 AM	Circle Time/Large Group	Promotes socialization and listening skills
9:00 AM - 9:15 AM	Bible Curriculum/Activities	Explore the bible and learn important life lessons
9:15 AM - 10:00 AM	Outside (weather permitting)/ Activity Room (vigorous play)	Build gross motor skills and start developing active habits for improved health and wellness
10:00 AM - 10:30 AM	Creative Arts	Encourages neural connections, builds fine motor skills and problem solving; precursor to writing
10:30 AM - 10:40 AM	Clean-up Time	Provides child with sense of responsibility and accountability for the classroom and supplies
10:40 AM - 10:55 AM	Sign Language Lesson	Promotes speech development
10:55 AM - 11:25 AM	Lunch	Food for energy; Encourage good table etiquette
11:25 AM - 11:45 AM	Music and Movement	Engages the brain, cultivates communication
11:45 AM - 12:15 PM	Story Time	Develop literacy skills; stimulate curiosity
12:15 PM - 12:30 PM	Prep for Nap Time	Establishing routines decreases stress
12:30 PM - 2:30 PM	Nap Time	Rest to replenish energy, improve mood, stay fit
2:30 PM - 2:55 PM	Wake up/Fine Motor Activities	Performing tasks such as feeding, grasping and writing for improved self-esteem and confidence
2:55 PM - 3:25 PM	Snack	Build healthy nutrition habits
3:25 PM - 3:45 PM	Sensory Exploration	Learning encouraged through exploration, curiosity, problem solving and creativity
3:45 PM - 4:30 PM	Outside (weather permitting)/ Activity Room (vigorous play)	Build gross motor skills and start developing active habits for improved health and wellness
4:30 PM - 5:10 PM	Interest Area Play	Enables child to engage in hands-on activities
5:10 PM - 5:30 PM	Music and Movement	Encourages self-expression and physical skills
5:30 PM - 5:45 PM	Story Time	Develop literacy skills; stimulate curiosity
5:45 PM - 6:00 PM	Table Activities	Promotes social interaction, sharing, taking turns
6:00 PM - 6:30 PM	Free play/Pick-up	Goodbyes and parent/teacher interaction

