

A.M. Snack:

- Mon- Cereal
  - Tues- Waffles & Applesauce
  - Wed- French Toast Sticks
  - Thur- English muffin & Jelly
  - Fri- Cheese/ Cinnamon Toast
- Served with Water and Milk



P.M. Snack:

- Tortilla chips & Salsa
  - Graham Crackers & Bananas
  - Turkey & Cheese slices
  - Carrots & Ranch Dip
  - Nutrigrain bar
- Served with Water and Juice

# November Menu

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
28 ALL MEALS SERVED WITH WATER AND MILK	29	30	31	1 Pancakes Turkey Bacon Corn Pears	2 Chili w/Beans Cornbread Mixed Veggies Peaches	3
4	5 Beef Taquitos Green Beans Pineapple	6 Chicken Alfredo Corn Peaches	7 Bean & Cheese Quesadillas Mixed Veggies Pears	8 Pancakes Turkey Bacon Carrots Fruit Cocktail	9 Fish Sticks Mashed Potato's Broccoli Oranges	10
11	12 BBQ Bites Mashed Potato's Mixed Veggies Fruit Cocktail	13 Toasted Turkey Wrap Broccoli Peaches	14 Chicken Nuggets Green Beans Pineapple	15 Spaghetti and Meatballs Carrots Oranges	16 Chili Cheese Fries Corn Pears	17
18	19 Turkey dog w/ Mac & Cheese Corn Applesauce	20 Chili w/Beans Cornbread Green Beans Pineapple	21 Hamburger Pizza Broccoli Pears	22 Closed	23 Chicken Alfredo Mixed Veggies Fruit Cocktail	24
25	26 Lasagna Pasta French Bread Broccoli Pineapple	27 Beef Taquito's Carrots Fruit Cocktail	28 BBQ Bites Mashed Potato's Green Beans Applesauce	29 Pancakes Turkey Bacon Corn Pears	30 Chili w/Beans Cornbread Mixed Veggies Peaches	1